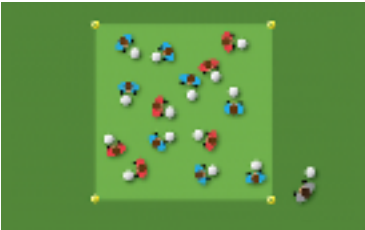
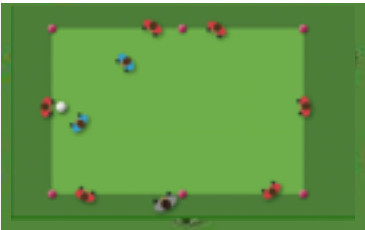
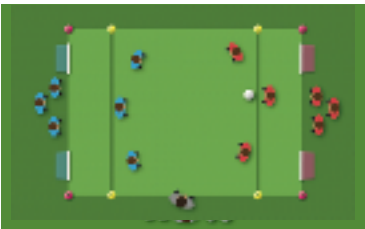


Tema: 4v4 - turnering

Station	Tid	Øvelse	Fokuspunkt (vælg 1-2)	Antal	Ansv.
1	15	 <u>Halefanger</u>	Retningsskift Temposkift Bolden tæt på fødderne	8-12	
2	15	 <u>6v2 (kant)</u>	1. berøring med begge ben Pasninger med begge ben	7-10	
3	45	 <u>4v4 - turnering</u>		Alle	